# Kootenai Konversations

Girl Guides of Canada
Guides du Canada

NEWS AND VIEWS FROM THE WEST KOOTENAI AREA WINTER 2006

My term as Area Commissioner will be up at the end of April. There have been an amazing amount of changes in that time. Safe Guide, uniforms, programs. There have been 2 SOARs, one just minutes from my home. BC got a new PC during this time, someone who lived in our Area as a child. We have said goodbye to friends, both those who have moved and those who have "gone home".

There are two things that have excited me, more than anything else, these past five years. One has been the growth of Guiding in our outlying communities. When I took on this job, there were no Units in Kaslo, New Denver, Edgewood, Midway or Christina Lake. Now there are. Trefoil Guilds have formed in Granby District and in Nakusp. While our Area wide numbers are dropping, we are reaching girls and women in more and more communities.

The second thing that has excited me, and will no doubt continue to do so, is the remarkable women and girls we attract to our organization. The time commitment given by many of our Guiders is astounding. The variety of skills the women bring is staggering. This has always amazed me, but, as a member of BC Council, I have seen it on a broader scale.

While I am finishing this job, I will continue as the Area iMIS Adviser, a job which requires attending no face-to-face meetings and which I can do in my pyjamas, if I like. I hope to meet many, many more of the amazing women and girls who have chosen to be members of Girl Guides and I am sure my store house of great memories will continue to grow.

Yours in Guiding,

Bev Rintoul
West Kootenai Area Commissioner

**Kootenai Konversations is published by the West Kootenai Area, Girl Guides of Canada three times a year.**

**Deadline for the Spring issue is April 15 2006.**

**Editor: Deb Melnyk**

**Contributions are always welcome and should be sent to:**

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**By phone:**
**250-367-9953**

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# West Kootenai Area Girl Guides go Online!

## www.wkgirlguides.ca

"I don't understand why Dreamweaver (a website design program) is so much different than all the other programs I've used. I've been sitting here for 5 minutes just trying to draw a text box!" This comment draws a few chuckles from my website design expert boyfriend. "I thought I'd get most of the website done today" I almost have to cover my ears at the hysterical laughter, as I snap my laptop shut in frustration. His laughter subsides, but only slightly, under my scowling glare. Before today I had always thought of myself as "pretty good" with computers. I even had a simple personal website online. Still, the perception was fading fast. Exactly what had I got myself into, volunteering to be the West Kootenai Area Girl Guides webmaster?

Slowly, through trial, error, and yes, a few blunders, I learned more about this art form I had never before fully appreciated. And during this learning process, the West Kootenai Area Girl Guides website started to evolve.

The website homepage will tell you what's new on site, as well as some info. about Girl Guides and the West Kootenai Area. From there, you can go to other pages to learn more about the history of Guiding and international Guiding opportunities (I learned a lot too – who knew that Lord and Lady Baden-Powell had a secret wedding?). There is a page full of Guiders links – you can find SafeGuide forms, other Guiding websites, and program ideas. On the Guider's Forum, you can follow a link to the area calendar of events, or share your thoughts and ideas with fellow Guiders. The Districts page will help you learn about the other districts in your area, and which towns they include. There is also a Contact Us section so that visitors can find our 1-800 number and area email information.

Now, don't get me wrong: After learning the basics of Dreamweaver and website design, I started having fun, and now I'm hooked! So, send me more information to make the site even better! If your district information isn't online yet, send me some information, photos, and anything else you would like on the page (guidelines for submission are on the website "Districts" page). If you have photos for an online photo album, please send me them, too (everyone in the photo must have a signed photo release, please tell me the name of the photographer if you would like photo credits).

It was a pleasure to design the site for you, and many thanks to Teresa Jansen and Bev Rintoul for all their help. Happy Surfing!

Leanne Harris
Area Webmaster
Email: leanner_harris@hotmail.com

## "Brownies" theme for Grand Forks Enrollment Ceremony

*Submitted by Erin Stavenjord, Brownie Guider*

The first Grand Forks Brownie unit held their enrollment on January 26 and the girls performed a play about "Brownies" and all the special ingredients that go into "making them". They made the props and rehearsed well. We had Sue Fielding as our special guest and were also joined by parents, family of the girls. They all recited their promises well and we wrapped up the ceremony by doing our opening songs and going through "Oh Little Toad". Then everyone snacked on brownies and cut up veggies and had a chance to mingle. It was a fun night

## Tent Camping With Sparks and Brownies

***By Joy Anderson, Area Camp Advisor***

I was recently asked if Brownies were allowed to camp in tents and if Sparks can go to camping. I hope this answers those questions and encourages many of you to, not only take your girls camping, but to take them tent camping.

### Progressive Camping

It is important to introduce young girls to tenting in a progressive way so their first outdoor tenting experience will be positive and fun. Begin with a sleepover at your meeting place, then pitch tents in the hall and let them sleep in tents indoors. A sleepover in tents in your back your back yard could be next. The girls will now be ready for an overnight camp at an established camp site.

### Good Planning

Be sure that you plan a fun active camp program. Keep the girls busy to avoid homesickness and the formation of cliques. But, don't plan their time so stringently that camp becomes a "boot camp". Have lots of activities but remain flexible.

In your camp preparation include the girls and their parents. If parents are informed they will encourage their daughters. Likewise, if the girls are involved with some planning (meals, theme, activities) they will look forward to the experience rather than be frightened by it.

### Lifelong tenting

Sparks and Brownies will not be bored with tenting by the time they reach Guides and Pathfinders. If their early tenting experiences are fun, they will look forward to as much camping as you can give them.

# 2006 National Spring Cookie Program Challenge Crest Contest Entry Form

Please complete this form and submit it with your unit's crest design.
**Note**: Only one crest design may be submitted per unit.
Please be sure to include the full name of the unit and the number of girls in the unit.
A Unit Guider must sign this form or the entry will be disqualified.
Submissions will only be considered if all information below is completed.
Please read the contest rules (separate sheet) and the reasons for disqualification (below).

Unit Guider's name _____

Unit name _____ # of Girls in unit _____

Address _____

City _____ Prov. _____ Postal Code _____

Tel: (day) _____ (evening) _____ Email: _____

_____
Signature Name (print)

As the Unit Guider, I certify that the girls in my unit have done all the work in designing this crest.

## Crest details

Background colour used: _____

Other colours used: _____

Crest design slogan (maximum 3-4 words): _____

GGC/Cookie elements used: _____

| Factors for Scoring | Possible Score | Actual Score | Judge's Comments |
|---|---|---|---|
| Original & creative crest design | 20 | | |
| Attracts attention, encourages interest in the Spring Cookie Program Challenge | 15 | | |
| Conveys a clear connection to the Spring Cookie Program Challenge | 15 | | |
| Total | 50 | | |
| Disqualified because: | | | |

**Reasons for Disqualification**:

Crest received after deadline (50 Merton St., April 1, '06)

Crest Contest Entry Form not attached to design, incomplete or illegible

Use of non-GGC trademarked material in crest design

Crest is larger than 7.5 cm in length and width or crest is three-dimensional

**Please submit this entry form and your unit's crest design by mail no later than April 1, 2006 to:**
**Girl Guides of Canada, Cookie Department, 50 Merton St., Toronto, Ontario M4S 1A3**

# 2006 Spring Cookie Program Challenge Crest Contest

How can you let girls' imaginations soar and bring their artistic skills to life? Why not participate in the 2006 Spring Cookie Program Challenge Crest Contest! We're looking for a creative new crest design for the Spring Cookie Program Challenge and need your unit's wonderful ideas!

The contest is open to units across Canada in all five branches. Only **one** crest design may be submitted per unit. Design the crest together at a unit meeting or hold a crest design contest for your girls members. It's really up to you and the girls to decide on which crest you will submit for your unit.

**Submission Deadline: April 1, 2006.**

**Prizes:** There will be prizes for the best crest design in each branch level (each girl in the unit will be awarded a prize) and a grand prize for the winning crest design.

**Please note:** Girl Guides of Canada reserves the right to alter the winning crest design, if required, to meet the manufacturer's design specifications.

The winning crest design will be available for purchase through Guide Stores for the 2007 Classic Campaign.

**Before you get started, be sure to read the following crest design contest rules.**

**Rules:**

Unit Guiders may submit only **one** crest design per unit.
**Dimensions:** crest design may be horizontal or vertical but may **NOT** exceed 7.5 cm in length per side. The crest design must be submitted on paper. Three-dimensional crests will be disqualified from the contest.
**Colour:** maximum of seven colours. Please state the background colour of the crest design and other crest design colours on the contest entry form.
Crest design must include a new **3-4 word** slogan relating to the Spring Cookie Program Challenge.
Crest design **must** incorporate the **GGC Trefoil logo**. Crest design may also incorporate **some** of the following elements: GGC Classic Cookie logo, GGC Classic Cookie, GGC Classic Cookie characters. GGC elements can be found in the *Cookie Clipart Gallery* section on the National website at www.girlguides.ca/clipart.asp?id=238&clipcat=9.
Please refer to the *Visual Identity Manual* for rules on logo use. The *Visual Identity Manual* can be found on the National website under *Miscellaneous Resources* at www.girlguides.ca/media/pdfs/14-3/14.3.7.5.pdf.
Crests incorporating non-GGC trademarked materials will be disqualified (e.g., Barbie, Cookie Monster).
If a unit wishes to create their design with a computer program, all unit members must participate in the design idea.
The Unit Guider must complete the 2006 National Spring Cookie Program Challenge Crest Contest entry form.

The Unit Guider must submit crest design and entry form **by mail** no later than **April 1, 2006** to:

**Girl Guides of Canada**
**Cookie Department**
**50 Merton St.**
**Toronto, Ontario**
**M4S 1A3**

Please stay tuned for more details on prizes

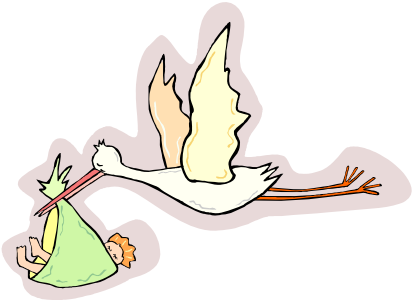
Get your unit members excited and motivated about selling cookies and increase their knowledge about Girl Guides of Canada-Guides du Canada's official fundraiser! Try the Cookie Program Challenge this spring!

For more information on the *Spring Cookie Program Challenge*, please visit the National website's *Cookies section* at www.girlguides.ca/default.asp?id=314.

## Guider's Corner

Linda Randall is a Grandma! Her daughter Leanne and her partner Jeff have a little girl, Desiree Rose, born 30 Jan, weighing 5lbs, 3oz.

Congratulations to Tamara and Chris Claxton on the birth of a baby girl, Kieran Isabella born January 24, 2006. Tamara is a Guider with the 1st Valhalla Guide Unit in New Denver



# Trefoil Toque...the perfect winter accessory.

Chelsea Jansen, West Kootenai Area Link member, wears her Trefoil Toque. They are simple to make for anyone with a little patience and the pattern without the Trefoil is easy enough for beginners. Make then in your Unit colours. Wear them winter camping and for Thinking Day parades. Wear them where ever people will say "What's that on your hat?" and then tell them all about Guiding.

Use 4.5mm needles and yarn which gives a tension of 17 stitches x 23 rows = 4" on 5.5mm needles

Cast on 80 stitches.

Work 12 rows in ribbing

If you don't want a cuff knit 2 rows in stocking stitch and then start pattern; if you do want a cuff knit 14 rows in stocking stitch and then start pattern. To work pattern you must be on a knit row. Knit 31 stitches and then start following the chart.

Knit one row; purl one row then:

Start shaping the top

Row 1: (must be a knit row) knit 2 together, knit 6 repeat across row

Row 2 and all even numbered rows: purl

Row 3: knit 2 together, knit 5 repeat across row

Row 5: knit 2 together, knit 4 repeat across row

Row 7: knit 2 together, knit 3 repeat across row

Row 9: knit 2 together, knit 2 repeat across row

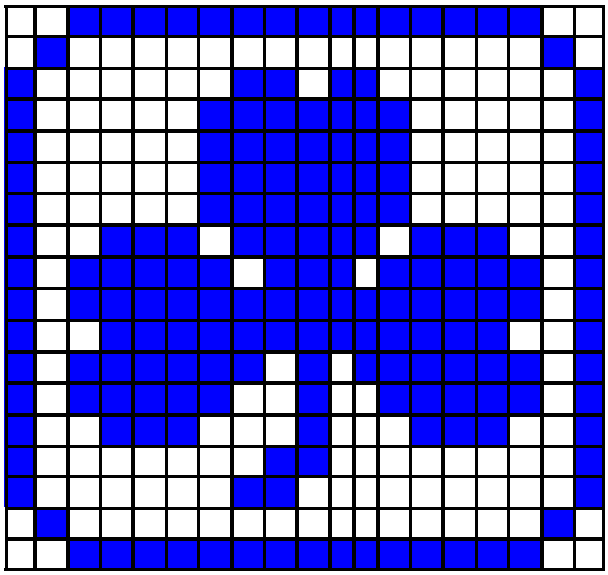
Row 11: knit 2 together, knit 1 repeat across row

Row 13: knit 2 together, repeat across row

Row 14: purl 2 together, repeat across row

Repeat last 2 rows until you are left with 3 stitches.

Cut yarn along enough to stitch the side of the hat and pull through the remaining stitches. Stitch down the side.



*Pattern provided by Bev Rintoul*

# Job Opportunity

## West Kootenai Area Treasurer

Area Treasurer Ingrid Hope will be completing her term on 29 April, 2006, at the Area AGM. We are looking for someone to take on this very important position. Treasurers are appointed annually for a maximum of 5 years.

Good with numbers? Can you add and subtract in your head? In your sleep? We need someone who will watch every penny and keep the books up-to-date. Call for more information:

Area Commissioner Beverley Rintoul: 364-2729

or outgoing Area Treasurer Ingrid Hope: 367-7457

# Sparks on a Spree! Brownies Revel!

**West Kootenai Area**

***Spark Spree & Brownie Revel***

**is coming up!**

For more information contact:

Norma Braga 365-2463

## Employment Opportunities – Waterfront Staff for Summer 2006 - At Camp Olave near Sechelt, BC

With over 1500 meters of ocean beach overlooking the scenic Gulf Islands this position will allow you to play an important part in the girls fun, friendship, adventure and discovery at the camp! Our camp has been operating for over 75 years providing a variety of camping experiences to girls.

We provide a competitive wage for our three positions this year:
Two (2) full time positions starting in May through to late August
One (1) full-time position for July and August.

You will report to the Summer Staff Supervisor and in this exciting position your main responsibility will be to ensure the safety of participants in all waterfront activities including swimming and canoeing. Additionally, you will support other activities in the camp such as the various nature programs and special events.

For more information about the camp please take a look at our website at: geocities.com/olaveguider/

**Qualifications:**

- Current NLS Waterfront Award* and 750 hours recent related experience
- Current Standard First Aid and CPR certification
- CRCA Flatwater Level C, equivalent or recent related experience
- 19 years of age and over
- Environmental studies an asset

You will earn a competitive wage as well as enjoy on-site beachfront accommodation provided by the camp.

*Candidates with NLS Pool are welcome to apply but will only be considered after NLS Waterfront applicants.

**Send resume and covering letter to:**
Personnel Coordinator, COMC
1476 W. 8th Avenue,
Vancouver BC, V6H 1E1
Or
By email to hdenusik@telus.net

*Deadline for applications:February 28, 2006*

# 2005 Annual General meeting

## Girls Guides of Canada

## West Kootenai Area

Girl Guides of Canada—Guides du Canada

West Kootenai Area

Will be holding their

Annual General Meeting

29 April 2006

At the

Sacred Heart Parish Hall, Rossland

*Lunch provided by the 1st Rossland Pathfinders*

To bring:

A 2006 issue of any magazine to be donated to the Columbia Basin Alliance for Literacy.

An item, or several, for the silent auction. Proceeds to go toward purchasing magazine

If you have any health concerns that event staff may need to be aware of, please bring a completed Personal Health Form (H1), in a sealed envelope, and present to event staff at registration. The envelope will only be opened in an emergency.

PRIVACY STATEMENT

Girl Guides of Canada-Guides du Canada protects and respects your privacy. Your personal information is used to communicate within our organization. We do not provide or sell this information outside our organization. For further information, see our privacy statement at www.girlguides.ca.

Return form with a cheque for $10, made payable to West Kootenai Area, to:

Deyanne Davies

Box 744

Any questions please contact Deyanne at (250) 362-7727

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West Kootenai Area Annual General Meeting

Name

Phone

special dietary needs, ie vegetarian, food allergies

Please register for the activity of your choice :

☐ Rossland Museum & Mine Tour

☐ Scrapbooking